



MONDAY

Main: Vegan Cheese Jacket Potato & Baked Beans
 Veg: Vegan Cheese Jacket potato & Baked Beans
 Dessert: Banana Special Sponge

TUESDAY

Main: Roast Pork
 Veg: Vegan Chicken Roast Dinner
 Dessert: Plant Based Yoghurt / Soya Free Oatgurt

WEDNESDAY

Main: Gluten Free Pasta with Beef Ragu
 Veg: Gluten Free Pasta & Vegetable Sauce
 Dessert: Satsuma

THURSDAY

Main: Sausage*, Mashed Potato & Peas
 Veg: Vegan Sausage, Mashed Potato & Peas
 Dessert: Banana

FRIDAY

Main: Gluten Free Fish, Chips & Peas
 Veg: Falafel, Chips & Peas
 Dessert: Plant Based Yoghurt / Soya Free Oatgurt

ALLERGEN MENU



WEEK TWO

MONDAY

Main: Meatballs in Sauce with Gluten Free Pasta
 Veg: Vegan Meatballs in Sauce with Gluten Free Pasta
 (Contains Soya)
 Dessert: Toffee Special Sponge

TUESDAY

Main: Roast Chicken
 Veg: Vegan Chicken Roast Dinner
 Dessert: Banana

WEDNESDAY

Main: Jacket potato with Chili Beef
 Veg: Jacket Potato with mild 3 Bean Chili
 Dessert: Satsuma

THURSDAY

Main: Ham & Tomato Panini (Contains Soya)
 Veg: Vegan Cheese & Roasted Vegetable Panini
 (Contains Soya)
 Dessert: Plant Based Yoghurt / Soya Free Oatgurt

FRIDAY

Main: Gluten Free Fish, Alpha Bites & Peas
 Veg: Pea Fritters, Alpha Bites & Peas
 Dessert: Plant Based Yoghurt / Soya Free Oatgurt



MONDAY

Main: Gluten Free Pasta with Roasted Vegetable & Tomato Sauce
 Veg: Gluten Free Pasta with Roasted Vegetable & Tomato Sauce
 Dessert: Banana Special Sponge

TUESDAY

Main: Roast Beef Dinner
 Veg: Vegan Chicken Roast Dinner
 Dessert: Plant Based Yoghurt / Soya Free Oatgurt

WEDNESDAY

Main: Gluten Free Chicken Korma & Rice
 Veg: Vegetable Curry & Rice
 Dessert: Satsuma

THURSDAY

Main: Jacket Potato with Beef Ragu
 Veg: Jacket Potato with Baked Beans
 Dessert: Banana

FRIDAY

Main: Gluten Free Fish, Chips & Peas
 Veg: Vegan Nuggets, Chips & Peas
 Dessert: Plant Based Yoghurt / Soya Free Oatgurt



This menu is: Gluten Free, Dairy Free, Egg Free & Vegan
 Items containing Soya are stated, please contact us if an alternative is required.

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*May contain Sulphites