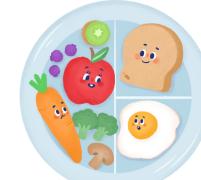


Figs Catering - MENU ONE

5th January 26th January 23rd February 16th March



MONDAY

Meat - Chicken Goujons, Savoury Rice & Sweetcorn

Vegetarian - Chicken Free Dippers, Savoury Rice & Sweetcorn

Lighter Option - Jacket Potato with Baked Beans

Dessert - Jam & Coconut Sponge with Custard or Apple or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Sausage Roll

TUESDAY

Meat - Roast Loin of Pork & Trimmings

Vegetarian - Cauliflower Cheese Bake & Vegetables

Lighter Option - Tuna Melt Panini, Veg Sticks

Dessert - Fruit Yoghurt or Pineapple Wedge or Yoghurt

Packed Lunch - Cheese Sandwich, Fruit Yoghurt, Pineapple, Babybel

WEDNESDAY

Meat - Spaghetti Bolognese & Garden Salad

Vegetarian - Macaroni Cheese & Garden Salad

Lighter Option - Salmon & Broccoli Pasta Bake

Dessert - Peaches & Ice Cream or Satsuma or Yoghurt

Packed Lunch - Ham Sandwich, Fruit yoghurt, Satsuma, Sausage Roll

THURSDAY

Meat - Traditional Sausage, Mashed Potato & Baked Beans
Vegetarian - Veggie Sausage, Mashed Potato & Baked Beans
Lighter Option - Cheese & Ham Panini, Veg Sticks
Dessert - Carrot Cake or Fruit Salad or Yoghurt
Packed lunch - Cheese Sandwich, Fruit Yoghurt, Apple, Babybel

FRIDAY

Meat - Breaded Fish, Chips & Peas

Vegetarian - Veggie Fingers, Chips & Peas

Lighter Option - Egg & Cress Baguette, Veg Sticks

Dessert - Apple & Spice Rice Pudding or Melon Wedge or Yoghurt

Ricked Lunch - Ham Sandwich, Fruit Yoghurt, Melon Wedge, Cheddars

Wholemeal Bread provided Daily



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Figs Catering - MENU TWO

12th January 2nd February 2nd March 23rd March



MONDAY

Meat - Meatballs in Sauce, Pasta & Broccoli
 Vegetarian - Veggie Meatballs in Sauce, Pasta & Broccoli
 Lighter Option - Jacket Potato with Baked Beans
 Dessert - Chocolate Sponge with Custard or Apple or Yoghurt
 Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Sausage Roll

TUESDAY

Meat - Roast Chicken, Roast Potatoes & Mixed Vegetables

Vegetarian - Vegan chicken Roast

Lighter Option - Pizza Panini, Veg Sticks

Dessert - Fruit Yoghurt or Orange Wedges or Yoghurt

Packed Lunch - Cheese Sandwich, Fruit Yoghurt, Satsuma, Cheddars

WEDNESDAY

Meat - Sausage Roll, Mashed Potato & Baked Beans
Vegetarian - Jacket Potato & Baked Beans
Lighter Option - Chicken, Bacon Mayo & Salad Wrap
Dessert - Banana & Custard or Melon Slice or Yoghurt
Packed Lunch - Ham Sandwich, Fruit Yoghurt, Melon Slice, Sausage Roll
THURSDAY

Meat - Chicken Tikka Curry & Basmati Rice

Vegetarian - Sweet Potato Cauliflower & Lentil Curry & Basmati Rice

Lighter Option - Cheese & Ham Panini, Veg Sticks

Dessert - Blueberry & Banana Traybake or Pineapple Slice or Yoghurt

Packed lunch - Cheese Sandwich, Fruit yoghurt, Pineapple, Babybel

FRIDAY

Meat - Fish Fingers, Alpha Bites & Peas

Vegetarian - Cheese & Onion Lattice, Alpha Bites, & Peas

Lighter Option - Tomato & Mozzarella Roasted Vegetable Bake

Dessert - Ice Cream Roll or Fruit Salad or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Cheddars

Wholemeal Bread provided Daily



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Figs Catering -MENU THREE

19th January 9th February 9th March 30th March



MONDAY

Meat - Ham & Pineapple Pizza, Corn on the Cob
Vegetarian - Cheese & Tomato Pizza, Corn on the Cob
Lighter Option - Jacket Potato with Baked Beans
Dessert - Apple Sponge with Custard or Apple or Yoghurt
Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Sausage Roll

TUESDAY

Meat - Roast Beef, Roast Potatoes & Vegetables

Vegetarian - Vegetable Lasagne

Lighter Option - BBQ chicken & Cheese Panini, Veg Sticks

Dessert - Fruit Yoghurt or Pineapple Wedge or Yoghurt

Packed Lunch - Cheese Sandwich, Fruit Yoghurt, Pineapple, Cheddars

WEDNESDAY

Meat - All Day Breakfast (Scrambled Egg, Sausage, Hash Brown, Beans)

Vegetarian - Vegetarian All Day Breakfast

Lighter Option - Tomato, Feta & Pepper Pasta Bake

Dessert - Fruit Crumble & Custard or Satsuma or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Satsuma, Sausage Roll

THURSDAY

Meat - Lasagna, Coleslaw with Garlic or Crusty Bread

Vegetarian - Cheese & Coleslaw Jacket Potato

Lighter Option - Cheese & Ham Panini, Veg Sticks

Dessert - Fruit & Ice Cream or Banana or Yoghurt

Packed lunch - Cheese Sandwich, Fruit Yoghurt, Banana, Babybel

FRIDAY

Meat - Breaded Fish, Chips & Peas

Vegetarian - Omelette, Chips & Peas

Lighter Option - Tuna Crunch Baguette

Dessert - Beetroot Brownie or Fruit Salad or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Cheddars

Wholemeal Bread provided Daily