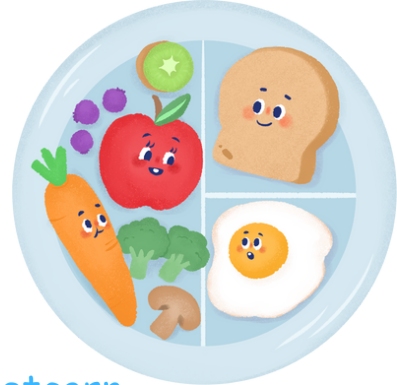




Figs Catering - MENU ONE

3rd September
22nd September
13th October
10th November
1st December



MONDAY

Meat - Chicken Goujons, Potato Wedges & Sweetcorn

Vegetarian - Chicken Free Dippers, Potato wedges & Sweetcorn

Lighter Option - Jacket Potato with Baked Beans

Dessert - Jam & Coconut Sponge with Custard or Apple or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Sausage Roll

TUESDAY

Meat - Roast Gammon, Herby Potatoes & Broccoli

Vegetarian - Cauliflower Cheese Bake & Broccoli

Lighter Option - Tuna Melt Panini

Dessert - Fruit Yoghurt or Pineapple Wedge or Yoghurt

Packed Lunch - Cheese Sandwich, Fruit Yoghurt, Pineapple, Babybel

WEDNESDAY

Meat - Spaghetti Bolognese & Garden Salad

Vegetarian - Macaroni Cheese & Garden Salad

Lighter Option - Salmon Pasta Bake

Dessert - Peaches & Ice Cream or Satsuma or Yoghurt

Packed Lunch - Ham Sandwich, Fruit yoghurt, Satsuma, Sausage Roll

THURSDAY

Meat - Traditional Sausage, Mashed Potato & Baked Beans

Vegetarian - Veggie Sausage, Mashed Potato & Baked Beans

Lighter Option - Cheese & Ham Panini

Dessert - Carrot Cake or Melon Wedge or Yoghurt

Packed lunch - Cheese Sandwich, Fruit Yoghurt, Melon Wedge, Babybel

FRIDAY

Meat - Breaded Fish, Chips & Peas

Vegetarian - Veggie Fingers, Chips & Peas

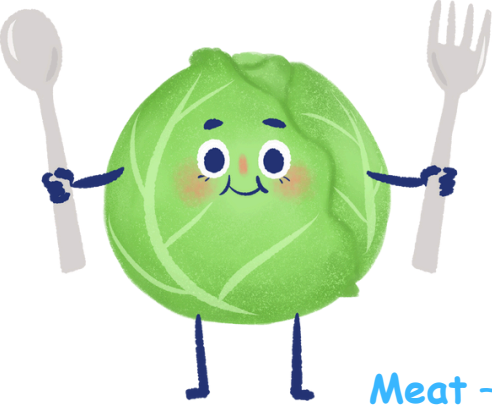
Lighter Option - Egg & Cress Baguette

Dessert - Oat & Cranberry Cookie or Fruit Salad or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Cheddars

Wholemeal Bread provided Daily





Figs Catering - MENU TWO

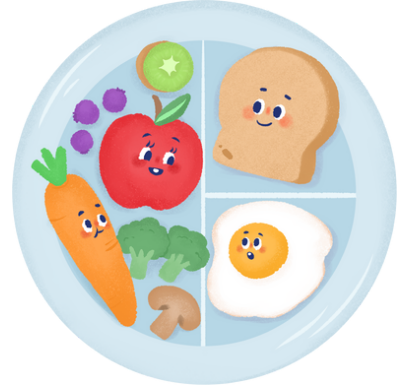
8th September

29th September

20th October

17th November

8th December



MONDAY

Meat - Meatballs in Sauce, Pasta & Broccoli

Vegetarian - Veggie Meatballs in Sauce, Pasta & Broccoli

Lighter Option - Jacket Potato with Baked Beans

Dessert - Apple Sponge with Custard or Apple or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Sausage Roll

TUESDAY

Meat - Roast Chicken, Roast Potatoes & Mixed Vegetables

Vegetarian - Vegan chicken Roast

Lighter Option - Pizza Panini

Dessert - Fruit Yoghurt or Banana or Yoghurt

Packed Lunch - Cheese Sandwich, Fruit Yoghurt, Banana, Cheddars

WEDNESDAY

Meat - Mild Chili Beef Tacos, Rice & Sweetcorn

Vegetarian - Mild 3 Bean Red Pepper Chili Tacos, Rice & Sweetcorn

Lighter Option - Chicken, Bacon Mayo & Lettuce Wrap

Dessert - Banana & Custard or Melon Slice or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Melon Slice, Sausage Roll

THURSDAY

Meat - Sausage Roll, Mashed Potato & Baked Beans

Vegetarian - Cheese & Onion Lattice, Mashed Potato & Baked Beans

Lighter Option - Cheese & Ham Panini

Dessert - Mango & Orange Smoothie or Pineapple Slice or Yoghurt

Packed lunch - Cheese Sandwich, Fruit yoghurt, Pineapple, Babybel

FRIDAY

Meat - Fish Fingers, Alpha Bites & Peas

Vegetarian - Minted Pea & Broccoli Frittata, Alpha Bites & Peas

Lighter Option - Tomato & Mozzarella Bake

Dessert - Beetroot Brownie or Fruit Salad or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Cheddars

Wholemeal Bread provided Daily





Figs Catering -MENU THREE

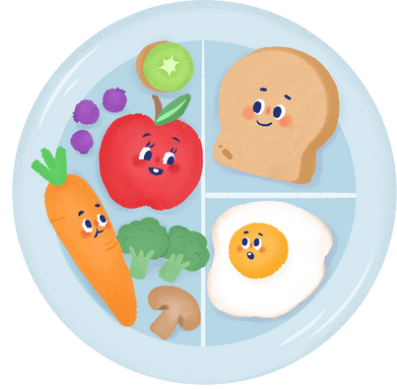
15th September

6th October

3rd November

24th November

15th December



MONDAY

Meat - Ham & Pineapple Pizza, Corn on the Cob

Vegetarian - Cheese & Tomato Pizza, Corn on the Cob

Lighter Option - Jacket Potato with Baked Beans

Dessert - Chocolate Sponge with Custard or Apple or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Sausage Roll

TUESDAY

Meat - Roast Beef, Roast Potatoes & Vegetables

Vegetarian - Vegan Sausage Roast, Roast Potatoes & Vegetables

Lighter Option - BBQ chicken & Cheese Panini

Dessert - Fruit Yoghurt or Pineapple Wedge or Yoghurt

Packed Lunch - Cheese Sandwich, Fruit Yoghurt, Pineapple, Cheddars

WEDNESDAY

Meat - Chicken Korma, Rice & Broccoli

Vegetarian - Sweet Potato & Cauliflower Curry, Rice & Broccoli

Lighter Option - Homemade Vegetable Soup & Roll

Dessert - Fruit Jelly & Ice Cream or Satsuma or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Satsuma, Sausage Roll

THURSDAY

Meat - Lasagna, Garlic Bread & Coleslaw

Vegetarian - Cheese & Coleslaw Jacket Potato

Lighter Option - Cheese & Ham Panini

Dessert - Fruit Crumble & Custard or Banana or Yoghurt

Packed lunch - Cheese Sandwich, Fruit Yoghurt, Banana, Babybel

FRIDAY

Meat - Breaded Fish, Chips & Peas

Vegetarian - Cheese Omelette, Chips & Peas

Lighter Option - Tuna crunch Baguette

Dessert - Fruity Flapjack or Fruit Salad or Yoghurt

Packed Lunch - Ham Sandwich, Fruit Yoghurt, Apple, Cheddars

Wholemeal Bread provided Daily

