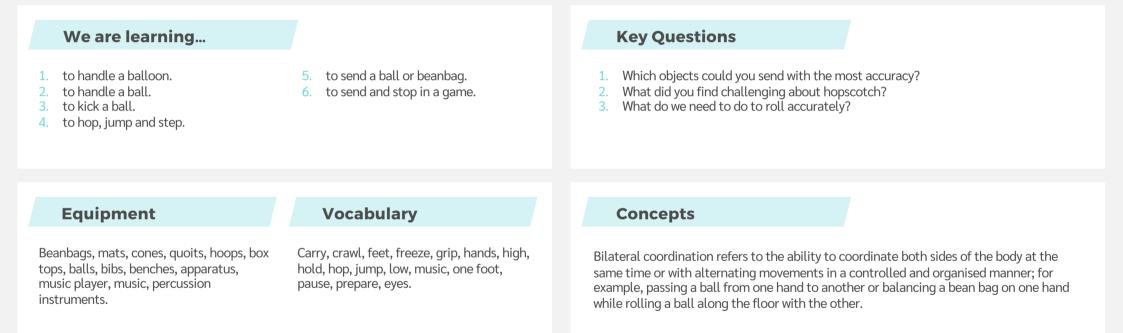
# Reception - Manipulation & Coordination Unit 1

#### **Prior Learning**

Participated in a variety of agility-based activities. Recognise the difference between actions such as: moving softly, quietly, quickly, powerfully, etc.

### **Unit Focus**

Send and receive a variety of objects with different body parts. Work with others to control objects in space. Coordinate body parts in a variety of activities and in different ways.



## **Activity Example**

#### Whack a mole

Pupils sit on their knees in the centre of the mat, and the teacher calls out a colour. The pupil must locate that colour quickly and tap the cone with their hand, calling 2 or 3 colours before swapping with player 2. Try 'tricking the pupils' by calling the colours quickly once they have got used to the game.

