Spring tea menu

	Monday	Tuesday	Wednesday	<u>Thursday</u>
Choice one	Tomato and basil pasta or Macaroni cheese	Crackers, cheese and salad	Spagetti hoops on wholemeal toast	Bagel with cream cheese with salad
Choice two	Sandwiches with a choice of fillings	Rice cakes, cheese and salad	Wraps with a choice of fillings	Crumpets with salad
Dessert	Choice of fruit from the fruit bowl	Yoghurt	Choice of fruit from the fruit bowl	Yoghurt
Allergens	Tomato and basil pasta	Free from crackers Vegan Cheese Plant based yoghurt	Dairy-free butter Free from bread	Free from bagel Vegan cheese spread Plant based yoghurt

Alternative / allergens