‘The Nest ‘daily routine

September 2020

This routine has been adapted in response to the COVID-19 pandemic

**Within The Nest we will always endeavour to follow routines from home through information collected from parents and carers regularly. Below is our Nursery routine which is always flexible, sleep and rest time will be planned around individual children’s needs.**

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| **Time** | **Experience / activity** | **Description** |
| 7.30-9.00 am | Welcome and breakfast | Children and their families are welcomed by nursery staff at their allocated drop-off point.  Breakfast will be served between 7.30am-7.50am .  Children will then explore the continuous provision set-up within the room. |
| 9.15 am | Hello song | Once all children have arrived for the morning a quick ‘ Hello ‘ song will be sang to welcome children and staff . |
| Approx 9.15 am | Free play and exploration  Adult led activities | Children will have time to explore a mixture of activities and resources planned around their current interests.  Where possible free flow will be available between the indoor and outdoor environment.  Adult led activities will be provided , led by staff and planned around the Early Years Foundation Stage Framework . |
| 10.30 am | Snack | Healthy snacks will be provided from home during the COVID pandemic in sealed labelled pots.  Snack will be a group time within The Nest. |
| Approx 11.00am-12.15 pm | Free play and exploration continues |  |
| 12.15pm | Afternoon children arrive |  |
| Approx 12.15-1.00 pm | Wash hands  Lunchtime | Lunch will take place within The Nest with children having a cold packed lunch from home or a hot lunch from the kitchen . |
| 1.00 pm onwards | Free play and exploration | Children will have time to explore a mixture of activities and resources planned by their key-person based on their current interests. |
| 3.00-3.15 pm | Core day children go home | Children will go home from their allocated collection point.  Children within The Nest will have communication diaries recording how well they have eaten and slept along with a record of any nappy changes. |
| 5.00pm | Wash hands  Tea time | During tea-time children will sit together and where possible will be encouraged to take-turns, self-select and share. At tea-time children from The Nest will usually join the main Nursery. |
| 5.30-6.00 pm | Home time | Staff share children’s day with parents of children going home at allocated collection point . |