

Knowledge Organiser – Making Soup

Important Information

Soup is a mixture of ingredients that are cooked together to create a tasty meal. Soup can either be chunky or smooth. Usually, it consists of a mixture of vegetables, herbs and spices.

Good hygiene is important to make sure germs do not spread. Remember to tie back long hair, wash your hands and wear an apron.

Soup is often served as a healthy starter or main meal.



Peeling



Cutting



Slicing



Grating



Squeezing



Key Vocabulary

vegetables	A plant or part of a plant, used as food.
knife	A tool used for cutting, chopping or slicing.
peeler	A tool used for removing the outer skin of fruit or vegetables.
raw	Food which has not been cooked
skin	The outer part of a fruit or vegetable. Sometimes you can eat them.
boil	When something gets very hot and it bubbles.
flavour	The taste of something.
grate	Shred food into small parts.
slice	Cut into thin pieces.
chop	Cut into larger pieces.
healthy	Good for the body.